

The Pennsylvania Farm to School Network Success Story:

THE COMMON PLACE

Philadelphia County, PA



Students attending the summer program at The Common Place in Southwest Philadelphia connected their classroom nutrition lessons with hands-on gardening this past summer. With two Food Trust nutrition educators, students discussed their favorite foods in each food group while drawing MyPlate placemats; they learned which parts of a plant their favorite foods were; and they completed a garden scavenger hunt, discovering insects and plants they hadn't seen in their garden before.



Each day, students went into the garden with their educator, Angela, where they cared for the garden by weeding and watering, and where they harvested a variety of vegetables for tasting throughout the summer. The Common Place garden was flourishing all summer long with cherry tomatoes, carrots, kale, and squash.

In the final lesson with The Food Trust, students harvested carrots from their garden and made a Plant Part Salad with carrots, celery, lettuce, cherry tomatoes, corn kernels, and broccoli. They even made their own vinaigrette!

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